



**Advisory Council for the
Nevada County Aging Disability Resource Connection (ADRC)**

Wednesday, September 4, 2024 - 12:30 to 1:30 p.m.
Videoconference/Teleconference

Attendees:

Annie Mikal – FREED
Kelly Carpenter – Nevada County Adult Services
Linda Aeschliman - Alzheimer's Outreach
Leslie Lovejoy – Gold Country Senior Services
Jet Williams – One Source Empowering Caregivers
Anson Houghton – AAA4
Serena Cantway – FREED
Jessica Randolph – FREED
German Ayon - AAA4
Rebecca Hensley – AAA4
Nancy Ramsey – FREED
Sandra Barrington – Sierra Nevada Memorial Hospital Foundation
Michelle Silva – AAA4
Deb Dworaczyk – Hospice of the Foothills
Kim Stine - Nevada County Public Health
Marion Walker – AAA4
Jan Arbuckle – City of Grass Valley
Sara Martinez - AAA4

AGENDA

12:30 - 12:35 p.m.

1. Welcome & Introductions – Kelly Carpenter, Chair, NC Adult Services
2. Review of Minutes from June Meeting – Attached
 - a. No changes to the minutes. Motion: Linda Aeschilman, Second: Leslie Lovejoy

12:35 – 12:45 p.m.

1. Nevada County ADRC Updates:
 - a. Falls Prevention Event- September 13th, 2024
 - i. Still taking reservations, up to 500 people. If any tech issues, please contact SNMHF offices for sign up. Looks like it will be a great event!
 - ii. Transportation is free, like last year.
 - b. Nevada County Health Fair – October 9th, 2024
 - i. 2nd annual event at Gold Miners Inn. Flyer is in the chat.

- ii. Sign up via 211 if you want a vaccine slot.
- iii. Caregiver respite available 10-1 so folks can get to the event. “October Rest”
- iv. If you will be tabling at the event, please send Annie a PowerPoint Slide or Logo to be displayed on the rotating slide show.

12:45 - 1:00 p.m.

1. Advocacy Issues

a. Tiny Homes on Wheels Public Comment

- a. Draft of public comment to share with planning department. Proposed ordinances change for ADU to allow tiny homes on wheels long term. Current rules do not allow travel trailers/RVs. We’d like to see that made legal. This is a great opportunity to tie in with the Master Plan and expanding housing options in our area.

1:00 – 1:25 p.m.

2. Master Plan for Aging and Disability Workgroup Updates

a. Goal 1: Inclusion, Equity, and Social Participation

- i. Opened the Senior Center! Linking with Truckee Senior Services as well (medically tailored meals)

b. Goal 2: Housing for All Ages and Stages

- i. See above re: THOW ordinance

c. Goal 3: Enhanced Caregiving Resources

- i. Providing additional respite services, Engaged Services and One Source did a successful drop in respite event in July with music, lunch, activities, various raffle prizes. Lots of lessons learned. Next event is October 9th during the Health Fair. Cascades will donate lunch for the next respite event.

d. Goal 4: Progressive Health Care Access

- i. Group has not met recently, but researching CalAim and combining groups potentially. CalAim is still moving forward, we have an IHSS MOU with partnership soon to be completed. Been using Partnership transportation benefit for various rides, so far so good. One or two glitches, but lots of effort made by drivers to connect with folks.

e. Goal 5: Expanded Transportation Options

- i. No updates this meeting (no members present).

f. Goal 6: Effective Coordination, Communication & Education

- i. No updates this meeting (no members present).

- g. Kelly, Annie and Carly will be meeting to work with the spreadsheet and update that to share.

- 3. Fire at the Everhart Hotel, 13 folks displaced. County is working with all of them, Red Cross has given gift cards, as did GVFD. APS is moving folks from the Best Western to other various temporary locations. FREED is working with folks for housing as well. As

much as possible belongings have been collected, but building is unsafe. Lots of collaborative work to support those folks. The building will be uninhabitable for at least a couple of years, if it is in fact able to be rebuilt.

4. Community Partner Announcements:

- Comedians with Disabilities Act – a fundraiser for FREED on Wednesday, October 16th, 7:00-9:00pm at the Center for the Arts in Grass Valley. Tickets here: <https://freed.org/comedians-with-disabilities-act/> or sponsor the event here: <https://freed.org/sponsor/>
- Alzheimer’s Outreach – workshops starting Friday, and focus workshops “Remember Me” oct/nov, flyer to follow. Also presenting at Ananda, supporting that community.
- SNMHF – NSJ community support program, grant for community health workers expansion and building trust in that community.
- Hospice of the Foothills - will be Foothills Compassionate Care rebrand, look for that. Moonlight Magic fundraiser in October.
- GCSS – 18-month MOU with Cyber Seniors for tech literacy grant work. Will be hosting free classes at the senior center. It’s an extensive program covering hardware and software and cyber security etc. More details to follow.
- AAA4 – Mature Edge Job readiness workshop is starting next Thursday, hybrid option.

1:25 – 1:30 p.m.

1. MPA Workgroup Meetings: Scheduled throughout September and October
2. Nevada County Health Fair: October 9th, 10:00am - 2:00pm
3. Next ADRC Cross Training: November 6th, 12:30-1:30pm
4. Next ADRC Advisory Meeting: Wednesday, December 4th, 12:30-1:30pm