



# LOCAL AGING & DISABILITY ACTION PLAN (LADAP) for Yuba and Sutter Counties





# MASTER PLAN FOR AGING (MPA)



GOAL ONE: Housing for All Ages & Stages



GOAL TWO: Health Reimagined



GOAL THREE: Inclusion & Equity, Not Isolation



GOAL FOUR: Caregiving That Works



GOAL FIVE: Affording Aging

# About

## AGING & DISABILITY RESOURCE CONNECTION (ADRC)

of Yuba and Sutter Counties





# FIVE PLAYS

## **PLAY 1**

Establish an Advisory Committee and Gain Community Leader Support

## **PLAY 2 & 3**

Community assessment and cross-sector engagement

## **PLAY 4**

Select goals and Priority Initiatives and Develop a Local Plan

## **PLAY 5**

Building the plan

# LADAP DESIGN TEAM

AGENCY  
ON AGING  
AREA 4



ELLIS  
PLANNING  
ASSOCIATES INC.



Yuba-Sutter-Colusa  
United Way

- Meet twice a month
- Vision, mission, and values
- Discuss progress/updates
- Identify community partners
- Overall project design

# GAINING COMMUNITY LEADER SUPPORT



- Presented at AAA4 Yuba Sutter Townhalls
- AAA4 Governing Board and Advisory Council
- Blue Zones Project – Yuba Sutter
- Will be meeting with AARP

# AARP LIVABLE COMMUNITIES

## What is a Liveable Community?

A liveable, or age- and disability-friendly community involves public and private sectors working to make neighborhoods, towns, cities, and rural areas great places to live for people of all ages.

## How?

- Equitable opportunities to thrive
- Safe walkable (or rollable) streets, sidewalks, and pathways
- Opportunities to age how and where we choose



# EIGHT DOMAINS OF LIVEABILITY WITH MPA FIVE BOLD GOALS OVERLAP

Apply for and enroll in the AARP Network of Age Friendly States and Communities.



1. Outdoor spaces and Buildings
2. Transportation
3. Civic Participation and Employment
4. Communication and Information
5. Respect and Social Inclusion
6. Social Participation
7. Health Services and Community Supports
8. Housing



**NEW WEBSITE**



THIS ITEM APPEARS ON

HOME PAGE

## Local Aging & Disability Action Plan: A Blueprint to Improving Care for Yuba/Sutter's Aging Adults

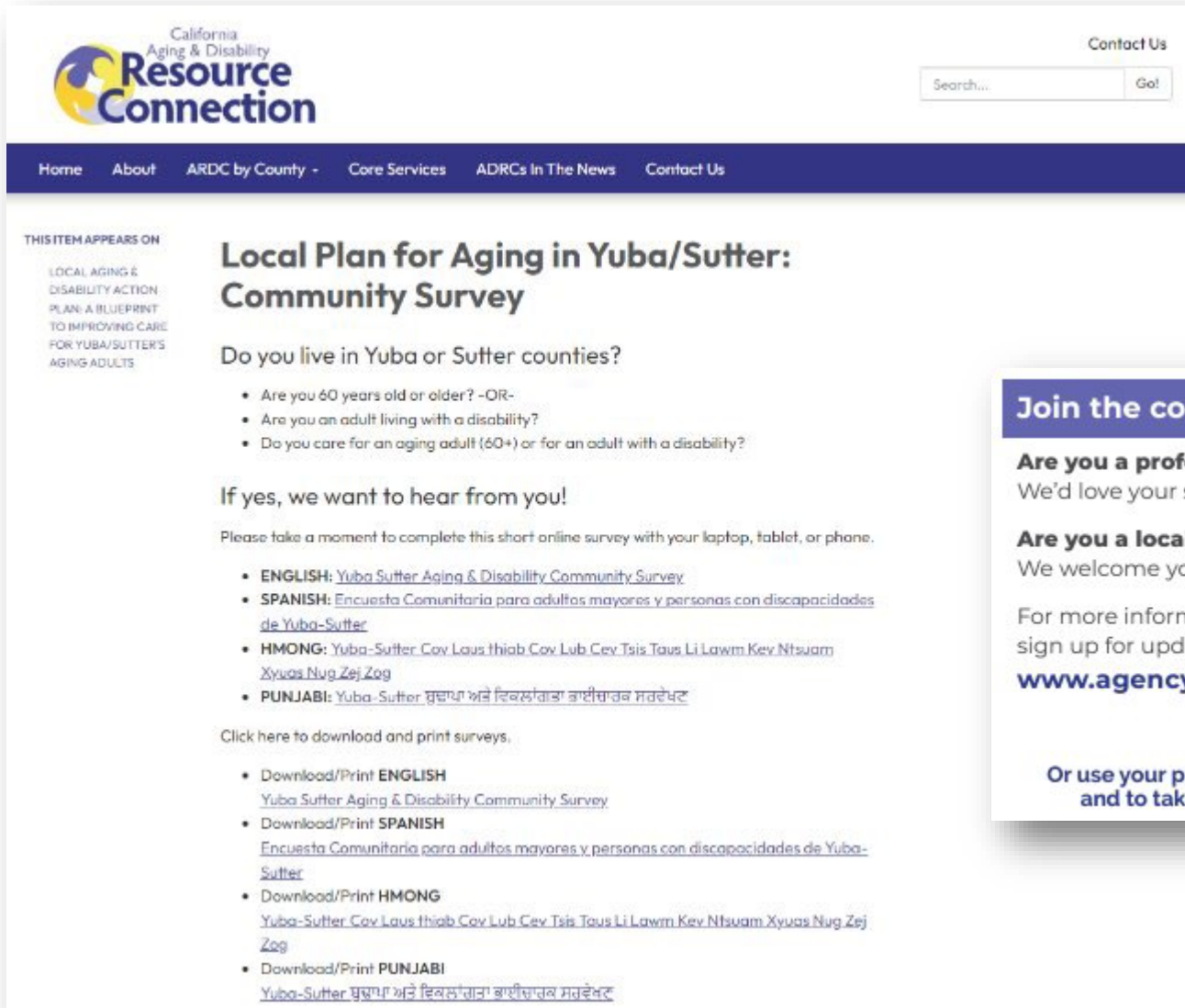
Over the next two decades, California's over-65 population will nearly double, with those aged 85 and older being the fastest growing demographic group.

While this change in demographics will introduce new opportunities for economic and community growth, it will simultaneously lead to an increased demand for health and support services.

In January 2021, the State of California began to implement a new [Master Plan for Aging \(MPA\)](#), a 10-year blueprint for state government, local government, the private sector, and philanthropy to prepare for these coming demographic changes. The plan was informed by a network of aging and disability providers, policy makers, advocates, and experts, and

[www.adrc4.org/LADAP](http://www.adrc4.org/LADAP)

# YUBA SUTTER AGING & DISABILITY COMMUNITY SURVEY



California Aging & Disability Resource Connection

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THIS ITEM APPEARS ON

LOCAL AGING & DISABILITY ACTION PLAN: A BLUEPRINT TO IMPROVING CARE FOR YUBA/SUTTER'S AGING ADULTS

## Local Plan for Aging in Yuba/Sutter: Community Survey

Do you live in Yuba or Sutter counties?

- Are you 60 years old or older? -OR-
- Are you an adult living with a disability?
- Do you care for an aging adult (60+) or for an adult with a disability?

If yes, we want to hear from you!

Please take a moment to complete this short online survey with your laptop, tablet, or phone.

- **ENGLISH:** [Yuba-Sutter Aging & Disability Community Survey](#)
- **SPANISH:** [Encuesta Comunitaria para adultos mayores y personas con discapacidades de Yuba-Sutter](#)
- **HMONG:** [Yuba-Sutter Cov Laus thiab Cov Lub Cev Tsis Taus Li Lawm Key Ntsuam Xywas Nug Zej Zog](#)
- **PUNJABI:** [Yuba-Sutter ਸੁਢਾਪਾ ਅਤੇ ਵਿਕਲਾੰਗਤਾ ਕਾਈਚਾਰਕ ਸਰਵੇਖਣ](#)

Click here to download and print surveys.

- Download/Print **ENGLISH** [Yuba-Sutter Aging & Disability Community Survey](#)
- Download/Print **SPANISH** [Encuesta Comunitaria para adultos mayores y personas con discapacidades de Yuba-Sutter](#)
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Online Responses = 56  
Paper Responses = 93  
Total = 150

## Join the conversation!

**Are you a professional working with older adults, adults with disabilities, or caregivers?**

We'd love your support in developing the Master Plan.

**Are you a local community member who would like to share your input on the plan?**

We welcome your feedback!

For more information about the Local Aging & Disability Action Plan, sign up for updates, or share your thoughts, visit our website at

[www.agencyonaging4.org/LADAP](http://www.agencyonaging4.org/LADAP)

Or use your phone's camera to scan the QR code for more info and to take a survey in English, Spanish, Punjabi, or Hmong



# ENGAGING AUDIENCES

 Agency on Aging Area 4  
September 12 · 🌐

Hey Yuba & Sutter counties!

- 👉 Are you a professional working with older adults, people with disabilities, or caregivers?
- 👉 Are you 60 years old or older or a person living with a disability?
- 👉 Do you care for an aging adult (60+) or for a person with a disability?

We want to hear from you! Please take a moment to complete a short community survey in English, Spanish, Hmong, or Punjabi.

📄 T... See more



  You and 4 others

 Like  Comment  Share

- Press Release
  - Yuba-Sutter Chamber
- Social Media Campaign
  - Facebook
  - LinkedIn
  - Nextdoor Ad
- YOU our Advisory Members





# 8 FOCUS GROUPS

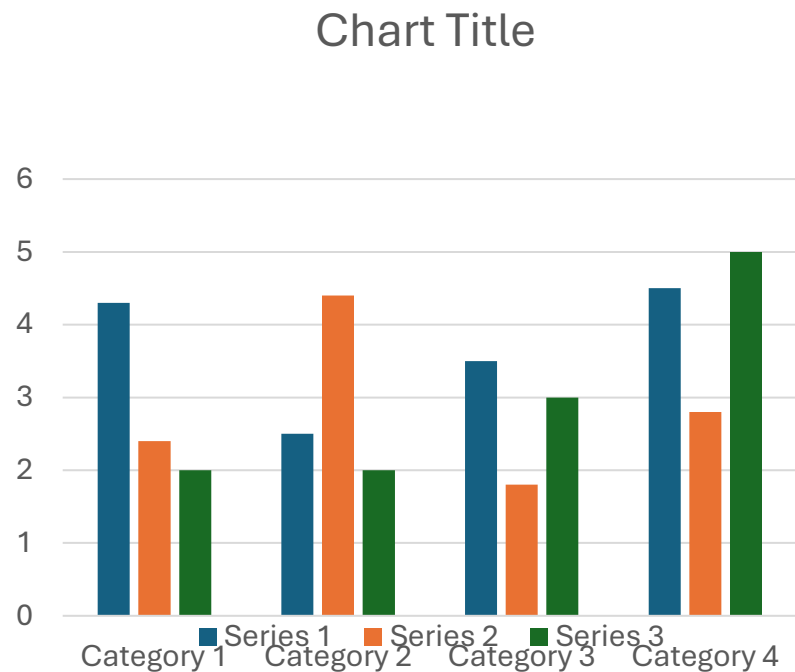


- Meals on Wheels (x2)
- Camptonville Community Partnership
- Seniors On The Go (Dobbins)
- FREED
  - Adults
  - Youth/Young adults with disabilities
- Sutter-Yuba Behavioral Health
  - Hmong - Olivehurst
  - Latino – Yuba City
  - Punjabi? (TBD)

Total participants: approx. 80



# DATA MAP (in progress)



The objectives of the Data Map are to assist the community in identifying local strategic priorities, assessing the need for additional data collection, and establishing benchmarks for improving the aging and disability landscape in Yuba and Sutter counties.

Consultant, FREED, and Agency on Aging Area 4

# PLAYS 4 AND 5 (Winter 2025)

We are coordinating with the Ellis consultant to convene diverse agencies, groups, and stakeholders in planning workshops. **We will have 2 workshops.**

1. Goals & Strategies Workshop
2. Action Planning Workshop

The workshops will provide a comprehensive summary of the local community assessment findings. Stakeholders will be given the opportunity to reflect on those findings to conduct an environmental scan or a SWOT (strengths, weaknesses, opportunities, and threats) analysis to assess and identify strategic yuba-sutter community priorities for the local action plan.

# NEXT STEPS

- AARP Age Friendly Designation
- Board of Supervisor Presentation
- Blue Zone Project – Yuba Sutter
- AARP

# THANK YOU

AGENCY  
ON AGING  
AREA 4

**German Ayon**

Program Manager

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