



NEVADA COUNTY MASTER PLAN FOR AGING & DISABILITY

Community Assets & Resources

The aging and disabilities assets and resources listed in this document include findings from research conducted by Adult Services Nevada County (ASNC) and the Aging and Disability Resource Connection (ADRC) of Nevada County – a collaboration between FREED, the Agency on Aging/Area 4 (AAA4) and partner organizations. This list is not a comprehensive list of all the services for older adults and people with disabilities. This list is to serve as a starting point for identifying how the community is meeting the aging and disability needs of underserved and vulnerable population groups within Nevada County based on the California Master Plan for Aging’s 5 Bold Goals for 2030: 1) Housing for all Ages and Stages; 2) Health Reimagined; 3) Inclusion and Equity, not Isolation; 4) Caregiving that Works; and 5) Affordable Aging.

This chart will reference Eastern County and Western County to identify the program and services offered in each region. Nevada County is home to three incorporated areas: Grass Valley, Nevada City, and Truckee. Truckee is in the Eastern region of the county, about 65 miles northeast from Nevada City (the county seat). Nevada City and Grass Valley are in the Western region of the county.

Goal 1: Housing for all Ages and Stages

We will live where we choose as we age, in communities that are age-, disability-, and dementia-friendly and climate- and disaster-ready.

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Artist's Loft	Apartment Community	Easy walking distance to bus stop		Art Room, Band Room, BBQ picnic area		Eastern Nevada County
Atria Senior Living	Assisted Living, Independent Living, Memory Care	Facility has own bus transportation and is easy walking distance to bus stop		Community room, activities, dining area	Assistance with ADL's as needed in the main apartments and Memory care area	Western Nevada County
Banner Crest Care Home	Board and Care Home for Single Senior Women (6 rooms)	Transportation arrangement by facility		Organized group activities	Assistance with ADL's	Western Nevada County
Bragg House	6 bed senior adult care facility	No convenient bus stops. Transportation could be arranged		Residential	Assistance with ADL's	Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
		with Gold Country LIFT				
Bret Hart Retirement Inn	Independent Living Senior Community	Bus stop less than a 5-minute walk. Is located downtown for shopping and dining		Location and culture encourage independence. Located downtown, shopping, dining, local events	Assistance with ADL's as needed	Western Nevada County
Brunswick Village	Assisted Living, Independent Living, Memory Care, Respite care	Scheduled Local Transportation	Has a health & Safety Plan in place	Landscaped gardens, multiple dining rooms, multipurpose room, library, game room, onsite beauty salon and barber shop	Assistance with ADL's	Western Nevada County
Cas Loma Retirement Home	7 room Senior Housing Community. Independent Living	Would need to arrange transportation			Assistance with ADL's as needed	Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Cascades of Grass Valley	Assisted Living, Independent Living, Memory Care	Facility has own bus transportation and is easy walking distance to bus stop		Onsite dining room, planned activities	Assistance with ADL's as needed in the main apartments and Memory care area	Western Nevada County
Cedar Park Apartments	Apartment Community	Easy walking distance to bus stop		Playground, Pet Park, Community Center		Western Nevada County
Claudia S. Cook Home	Board and Care Home with 6 licensed beds	No convenient bus stops. Transportation could be arranged with Gold Country LIFT		Residential Facility		Yuba County
Coachland RV Park	RV Community			Full RV Hook-ups, picnic area, playground, dog park, club house and laundry facilities		Eastern Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Common Goals Transitional Housing	Group home for transitional to independent living/housing for recovery	Need to Arrange Transportation			Counselors nearby	Western Nevada County
Coldstream Commons	Apartment Community	Easy walking distance to bus stop		Community Center with kitchen, computer room, central BBQ area		Eastern Nevada County
Courtyards at Penn Valley	Apartment Community	Bus stop within a 10-minute walk		BBQ Picnic Area, Open Landscaped Activity Area, Club House with Kitchen		Western Nevada County
Creekside Village Mobile Home Park	Mobile Home Community for all ages	Bus stop nearby		Walking distance to shopping and dining		Western Nevada County
Crystal Ridge Care Center	Short Term Skilled Nursing and Rehab	Close to bus stop		Organized activities	Nursing & Rehab so individuals can safely return home	Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Donner Creek Mobile Home Park	Residential mobile home Community					Eastern Nevada County
Eastridge Apartments	Senior Independent Living Apartment Community	Bus stop within a 10-minute walk		Nevada County Country Club – 15-minute walk		Western Nevada County
Elks Lodge	Community Style Residence	Close to bus stop, walking distance to shopping.		Private rooms, shared bathroom, community kitchen		Western Nevada County
Eskaton Village	Assisted Living, Independent Living, Memory Care	Facility has own bus transportation and is easy walking distance to bus stop		Club House, Onsite dining room, games and activities	Assistance with ADL's as needed in the main apartments and Memory care area	Western Nevada County
Everhart Hotel	Apartment/Hotel	Easy Walk to Bus Stop.		Downtown, close to Restaurants and shopping		Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Frishman Hollow	Apartment Community	Easy walking distance to bus stop		Community Room with Kitchen, Playground		Eastern Nevada County
Glenbrook Apartments	Apartment Community	Easy walking distance to bus stop		Picnic area and Playground		Western Nevada County
Gold Country Mobile Home Park	Mobile Home Community					Western Nevada County
Golden Empire Nursing & Rehab Center	Short Term Skilled Nursing and Rehab	Close to bus stop		Organized activities	Nursing & Rehab Onsite Registered Nurses, In house Therapy	Western Nevada County
Granite Wellness Transitional Housing	Group home for transitional to independent living/housing for recovery	Need to arrange transportation			Counselors on site	Western Nevada County
Grass Valley Apartments	Apartment Community	10-minute walking distance to bus stop		Walking distance to downtown and shopping		Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Grass Valley Mobile Home Village	Mobile Home Community					Western Nevada County
Grass Valley Terrace Apartments	Apartment Community	Easy walking distance to bus stop		Has Playground, 5 minutes by car to nearest hospital		Western Nevada County
Grass Valley Senior Apartments	Senior Independent Living Apartment Community	Easy walking distance to bus stop		5 minutes by car to nearest hospital, 15 minute walk to nearest shopping		Western Nevada County
Hennes Flats Apartments	Apartment Community	Easy walking distance to bus stop		Playground, Computer Station, Community Room with Kitchen		Eastern Nevada County
Hilltop Commons	Independent Living Senior Community	Transportation offered		Nature paths, Games, Happy Hour, exercise programs, varied outings	Assistance with ADL's as needed	Western Nevada County
Houston and Nobles Adult	Board and Care Home with 6 licensed beds	No convenient bus stops. Transportation		Residential facility		Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Residential Care		could be arranged with Gold Country LIFT				
Lake Combie Mobile Home Village	Mobile Home Community			Individually owned Mobile home community		Western Nevada County
Lake Wildwood Manor	Board and Care Home – Memory and Hospice care	Bus stop at the entrance of the gated community		Walking trails, Golf course, lake, club house nearby	Individualized Care Plans. Focus on Memory Care and Hospice	Western Nevada County
Lone Oak Senior Apartments	Senior Apartment Community	Easy walking distance to bus stop		Community Center with planned activities, elevator served community, BBQ and gathering space, resident garden spaces, fenced dog park		Western Nevada County
Mountain Air Mobile Home Park	Mobile Home Community					Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Mountain View Care Home	Board and Care Home	No convenient bus stops. Transportation could be arranged with Gold Country LIFT		Residential Care facility	Assistance with ADL's as needed, medication management	Western Nevada County
Nevada City Senior Apartments	Senior Independent Living Apartment Community	Easy walking distance to bus stop		Walking Trails Very close walking distance to grocery shopping and Medical clinic/urgent care		Western Nevada County
Nevada Commons Apartments	Apartment Community	Easy walking distance to bus stop		Wheelchair accessible rooms, Very close walking distance to shopping and medical clinic/urgent care		Western Nevada County
Nevada Meadows Apartments	Apartment Community	Easy walking distance to bus stop		Very close walking distance to grocery shopping and Medical clinic/urgent care		Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Nevada Woods Apartments	Apartment Community	Easy walking distance to bus stop		Community Center with Kitchen, BBQ / Picnic area, Recreation room, playground, walking distance to shopping		Western Nevada County
Oak Ridge Apartments	Apartment Community	Easy walking distance to bus stop		Playground, Community Room, Picnic/BBQ Area		Western Nevada County
Odyssey House	15 bed Mental Health facility	Bus stop close by		Close to walking trails and Hirschman's Pond	Onsite counseling and support	Western Nevada County
Olympia Glade Mobile Estates	Mobile Home Community for age 55 and up					Western Nevada County
Pines Mobile Home Park	Mobile Home Community					Western Nevada County
Pioneer Court	Apartment Community	Easy walking distance to bus stop		Utilities included, short walk to park		Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Ponderosa Pines Mobile Home Village	Mobile Home Park for 55 and up					Western Nevada County
Rebel Ridge Village	Mobile Home and RV Community					Yuba County
River View Homes	Community Living	Easy walking distance to bus stop				Eastern Nevada County
Ryan's Residential Care	Board and Care Home with 6 licensed beds	No convenient bus stops. Transportation could be arranged with Gold Country LIFT		Country living Environment	Assistance with ADL's as needed	Western Nevada County
Rough & Ready Mobile Village	Mobile Home Community	Close to bus stop		Full RV Hook-ups, Mobile & Manufactured Homes		Western Nevada County
Sawmill Heights	Apartment Community	Easy walking distance to bus stop		Clubhouse, Picnic area, pet park, Fitness center		Eastern Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Sierra Guest Home	Assisted Living, Board and care home	Approx. 15 minute walk to bus stop		Small, organized group activities	Assistance with ADL's as needed	Western Nevada County
Sierra Pines Mobile Home Park	Mobile Home Community					Western Nevada County
Sierra View Senior Living	Assisted Living	Transportation Provided	All rooms equipped with Emergency response systems	Indoor and outdoor social gathering areas, arts & crafts, exercise programs	Onsite wellness checks, assistance with ADL's as needed	Western Nevada County
Sierra Village	Apartment Community, Tax Credit, Senior and market rate	Close to public transportation		Clubhouse with kitchen, large rec area, computer learning center		Eastern Nevada County
Spring Hill Manor	Rehabilitation and Convalescent	Walking distance to bus stop		Organized activities	Nursing & Rehab Onsite Registered Nurses, In house Therapy	Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Springhill Gardens Apartments	Apartment Community	Easy walking distance to bus stop		Community room with kitchen, computer room, playground		Western Nevada County
Tall Pines Mobile Home Estates	Mobile Home Community			Clubhouse, Playground, Swimming Pool, Recreational facilities		Western Nevada County
Truckee Donner Senior Apartments (Currently unavailable)	Senior Independent Living Apartment Community	Close to public transportation		Fitness Center, Clubhouse, Wooded area, Parks nearby	Handicap units available with wheelchair access	Eastern Nevada County
Truckee Pines Apartments	Apartment Community	Easy walking distance to bus stop		Business center, playground, picnic area with BBQ Grill		Eastern Nevada County
Valley Commons E. Apartments	Apartment Community	Easy walking distance to bus stop		Walking distance to hospital and some shopping		Western Nevada County

Affordable Housing Options	Type of Housing	Transportation Access	Emergency Preparedness & Response Planning	Climate-Friendly/Walkability	Healthcare Services and Supports	County Region (Eastern/Western)
Valley View Apartments	Apartment Community	Easy walking distance to bus stop		Pets allowed		Western Nevada County
Village Green Mobile Home Park	Mobile, RV and Multi-section manufactured homes			Full RV hookups, onsite showers, laundry facilities and playground		Eastern Nevada County
Wagon Ho Mobile Terrace (Per Google – temp closed)	Mobile home community					Western Nevada County
Wolf Creek Care Center	Short Term Skilled Nursing and Rehab	Walking distance to bus stop		Organized activities	Nursing & Rehab Onsite Registered Nurses, In house Therapy	Western Nevada County
Younger’s Residential Care	Board and Care Home with 6 licensed beds	No convenient bus stops. Transportation could be arranged with Gold Country LIFT		Residential Care facility, Close to Park and walking trails	Assistance with ADL’s as needed	Western Nevada County

Goal 2: Health Reimagined

We will have access to the care and services we need to optimize our health and quality of life and to continue to live where we choose.

Healthcare/Skilled Nursing/Community-based Programs Providing Healthcare Services and Supports	Type of Program
Covered California	<p>Covered California provides Californians and California small businesses with a health insurance marketplace where consumers can learn about, compare, and buy health insurance and determine if they qualify for federal premium assistance, federal tax credits, or Medi-Cal.</p> <p>https://www.coveredca.com; Phone-800-300-0213</p> <p>Medi-Cal and Covered California use the same application. This means that once you apply using CoveredCA.com, you'll find out which program you qualify for. Some households qualify for both.</p> <p>Medi-Cal Eligibility and Covered California - Frequently Asked Questions https://www.dhcs.ca.gov/services/medi-cal/eligibility/Pages/Medi-Cal_CovCA_FAQ.aspx</p> <p>Dental Coverage - https://www.coveredca.com/dental/family/</p> <p>All health plans include dental care for children at no extra cost.</p> <p>For adults, a dental insurance plan can be added to your health plan purchase.</p>

Healthcare/Skilled Nursing/Community-based Programs Providing Healthcare Services and Supports	Type of Program
Health Care Options – CDHCS	<p>Health Care Options gives people resources to make informed choices about Medi-Cal benefits. https://www.healthcareoptions.dhcs.ca.gov/</p> <p>TTY-800-430-7077, Toll-Free-800-430-4263</p>
In-Home Supportive Services (IHSS)	<p>The IHSS Program provides assistance to eligible aged, blind and disabled individuals who are unable to remain safely in their own homes without this assistance. It is an alternative to out of home care, such as skilled nursing or board and care.</p> <p>Requirements:</p> <ul style="list-style-type: none"> ▶ The person applying for IHSS must live in their own home, which means the place in which the individual chooses to reside. You must be eligible for Medi-Cal. ▶ Apply through Nevada Co Adult Services 950 Maidu Ave Nevada City, CA 95959 Phone: 530-265-1639
MediCal – Nevada County/IHSS	<p>This is a public health insurance program which provides needed health care services for low-income individuals including families with children, seniors, persons with disabilities, foster care, pregnant women, and low-income people with specific diseases such as tuberculosis, breast cancer, or HIV/AIDS. Medi-Cal is financed equally by the state and federal government. Phone 530-265-1340 or online at BenefitsCal.com. Medi-Cal is California's Medicaid program.</p> <p>https://www.dhcs.ca.gov/services/medi-cal/Pages/Medi-Cal_EHB_Benefits.aspx</p>

Healthcare/Skilled Nursing/Community-based Programs Providing Healthcare Services and Supports	Type of Program
	<p>https://www.dhcs.ca.gov/services/medi-cal/</p> <p>Medi-Cal and Covered California use the same application. This means that once you apply using CoveredCA.com, you'll find out which program you qualify for. Some households qualify for both.</p> <p>If you have Medicare coverage, Medi-Cal may be able to pay your Medicare Part B premiums through a Medicare Premium Payment Programs (MPPP). You may also be eligible to Medicare and Medi-Cal coverage at the same time, which can help reduce your out-of-pocket costs.</p> <p>For types of Medi-Cal see https://ca.db101.org/ca/programs/health_coverage/medi_cal/program2a.htm</p>
Medicare	<p>Medicare is a federal health insurance program for people 65 or older, and some younger people with disabilities. To apply for Medicare, you need to go through the federal government - you can apply online at Medicare.gov.</p>
Medicare Counseling (HICAP)	<p>Offers free local, individualized information and advocacy for Medicare beneficiaries and individuals becoming eligible within the next six months. Provides assistance to seniors or disabled persons with Medicare issues, including denials and appeals, supplemental insurance, and long-term care insurance.</p> <p>Volunteer HICAP Medicare counselors provide free, unbiased, and individualized counseling by appointment only. In Nevada County, local appointments can be scheduled by calling</p>

Healthcare/Skilled Nursing/Community-based Programs Providing Healthcare Services and Supports	Type of Program
	(530) 258-6827. Main Office 916-376-8795, Statewide HICAP toll-free line 800-434-0222, Nevada County Appointments 530-258-6827
Dignity Health	Dignity Health's mission includes serving and advocating for the poor and disenfranchised, and partnering with others in the community to improve quality of life. We put this mission into practice in part through community health programs, community grants and investments, and sustainability initiatives.
Skilled Nursing Facilities (SNFs)	Residential facility for those needing skilled nursing as part of their care. Medicare will pay up to 100 days post hospital admit for 3 overnights (not observation); Medi-Cal will pay for short term or long-term care. Private Long Term Care Ins may pay. <ul style="list-style-type: none"> ▶ Crystal Ridge Care Center, 396 Dorsey Dr. GV ▶ Golden Empire Nursing and Rehab Center, 121 Dorsey Dr. ▶ SpringHill Manor and Rehab Convalescent Hospital, 355 Joerschke Dr. ▶ Wolf Creek Care Center, 107 Catherine Dr.

Goal 3: Inclusion and Equity, Not Isolation

We will have lifelong opportunities for work, volunteering, community engagement, and leadership and will be protected from isolation, discrimination, abuse, neglect, and exploitation.

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
AAA4 employment program	Provides funding for 7 counties for older adults. Nevada County: Employment services, HICAP, information and assistance with Connecting Point, long term care ombudsman services, legal services, nutrition, senior services: residential repairs and modifications, Lift transportation. Funding and services for elder abuse prevention, disease prevention and health promotion, care-giver support, care-giver respite.	Both
AARP Foundation SCSEP	<p>The Senior Community Service Employment Program (SCSEP) is the nation's oldest program to help low-income, unemployed individuals aged 55+ find work.</p> <p>AARP Foundation first matches eligible older job seekers with local nonprofits and public agencies so they can increase skills and build self-confidence, while earning a modest income. Based on their employment interests and goals, participants may also receive supportive services and skills training through an educational institution. Their SCSEP experience most often leads to permanent employment.</p>	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
Alta California Regional Center	The term “Developmental Disabilities” applies to a whole group of conditions that may cause physical, learning, language, or behavioral impairment. According to the CDC , about one in six children in the United States have “one or more developmental disabilities or other developmental delays.” These conditions begin before the age of 18, have an impact on daily life, and generally last throughout a person’s life (intellectual disability, cerebral palsy, epilepsy and autism).	Both
Cal Works	Case mgt and financial assistance for families living in poverty while looking for housing/work.	Both
Color Me Human	We Celebrate, Elevate, Educate, Advocate to create a safe, equitable world for Black, Indigenous, People of Color and LGBTQ folks. Provide educational workshops. BIPOC support groups, LGBTQ support.	Both
Community Beyond Violence	In-person counseling, 24/7 counseling, text & webchat, support groups, shelter, accompaniment and advocacy, emergency food and clothing, emergency transportation, restraining order assistance, court accompaniment, family law atty for 30-minute sessions, referrals, sexual assault counseling, advocacy and accompaniment	Western
Connecting Point Volunteer Hub	Connecting people to supportive programs, information, and services in Nevada & Placer County. In home support services, coordinated entry,	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
	volunteer hub, employment services, emergency recovery navigation, Community Data Exchange, training, and workshops.	
Community Living Implementation Council (CLiC) ADRC of Nevada County Advisory Group	The ADRC of Nevada County is a collaboration between FREED, the Agency on Aging/ Area 4 and partner organizations designed to streamline access to services for people with disabilities, older adults, family members and caregivers.	Western
Department of Rehabilitation: Employment	Funding for education, job-training, assistance with preparing for job-seeking activities	Both
FREED	<ul style="list-style-type: none"> ▶ Fix It program: home repairs & modifications ▶ IT support: chromebooks and technology support ▶ Community Transitions: from institutional settings to home ▶ Housing assistance/ Housing and Disability Advocacy Program ▶ Benefits Counseling/ SOAR ▶ Assistive Technology: Equipment reuse and device demonstrations ▶ Independent living skills ▶ Options counseling ▶ Aging and Disability Resource navigation 	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
	<ul style="list-style-type: none"> ▶ Friendly Visitor/ Phone Reassurance Programs ▶ Grief groups ▶ Pearls program ▶ Information and referral ▶ Advocacy ▶ Emergency preparedness ▶ Voter resources ▶ Disability Rap 	
Falls Prevention Coalition, Sierra Nevada Memorial Hospital Foundation	<p>The Falls Prevention Coalition of Nevada County is a group of community advocates and professionals who work with seniors and nurses, physical and occupational therapists, senior exercise specialists, health educators and independent living and rehabilitation/long-term care specialists.</p>	Western
Gold Country Community Services	<p>Meals on Wheels, Congregate Meals, & Senior firewood program</p>	Western
Legal Services of Northern California	<p>Free legal services addressing: Housing, government benefits, health and other civil legal issues (criminal record clearing, education, naturalization petitions and more).</p>	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
Neighborhood Center of the Arts	During non-covid times: Private studio space, art materials, social support and opportunities to show artwork in frequent online auctions and limited local exhibition opportunities for developmentally disabled and intellectually challenged adults. Currently a non-contact model.	Western
Nevada County Law Library	Self-help center with legal librarian providing access to legal reference materials, work stations, copy machines, low-price workshops. Legal information on court procedures, form packets with instructions, and alternatives to civil litigation, such as mediation. Areas of law include: Adoption, Guardianship, Name Change, Unlawful Detainer (Eviction), Civil Harassment, Modification of Probation, and Traffic. The Self-Help Center is also home to the county's Family Law Facilitator and Small Claims Advisor.	Both
Nevada County Social Services	Adult protective services, CalWorks, CalFresh food assistance, cash assistance, health care, veterans' services, child welfare services	Both
Nevada County Transit	Paratransit services, on-demand services. Regular bus: free passes for low income.	Both
Ombudsman	Department of Health and Community Services: The Medi-Cal Managed Care and Mental Health Office of the Ombudsman helps solve problems from a neutral standpoint to ensure that our members receive all	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
	<p>medically necessary covered services for which plans are contractually responsible.</p> <p>The Mental Health Ombudsman is designed to create a bridge between the Mental Health Plan system and individuals, family members and friends of individuals, in need of mental health services by providing information and assistance in navigating through the system.</p> <p>Long Term Care Ombudsman represents and assists residents in long-term care facilities with issues related to day-to-day care, health, safety and personal preferences.</p> <p>California Department of Corrections Ombudsman works independently as an intermediary to provide individuals with a confidential avenue to address complaints and resolve issues at the lowest possible level. The Office proposes policy and procedural changes when systemic issues are identified.</p> <p>Office of the Citizenship and Immigration Services Ombudsman serves as a liaison between the public and U.S. Citizenship and Immigration Services.</p>	
Pride	Provides employment services and independent living services for disabled adults	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
Project Heart	Provides men and women support groups for those in recovery community with a focus on building trusting life-long relationships through adult/peer relationships. Provides assistance to people who have been in jail or prison. Provides volunteer services to people in need.	Western
SCDD Advocacy Groups	State Council on Developmental Disabilities established by state and federal law as independent agency to ensure that people with developmental disabilities and their families receive services and supports they need through advocacy, capacity building, systemic change, SCDD works to achieve a consumer and family based system of individualized services, supports, and other assistance.	Both
Senior Outreach Nurse Program	<p>The Senior Outreach Nurse Program is in the Adult Services Team. Senior Outreach Nurses conduct in home assessments of the consumer’s physical, social, and environmental needs. The Senior Outreach Nurses also facilitate linkage to community resources and follow-up as necessary.</p> <p>The Social Outreach Nurse conducts home visits to disabled and senior home bound adults. The Social Outreach Nurse assesses the consumer’s mental health for depression and alcohol and other drug (AOD) usage using a mental health/AOD.</p>	Both

Community-based Programs/Services/Advisory Groups	Type of Program/Campaigns/Supports Provided	County Region (Eastern/Western)
Spirit Center	Day Center/Peer Support/Mental Health Services	Both
TK Momentum	Job training and search for disabled adults and contracted by Department of Rehabilitation	Both

Goal 4: Caregiving that Works

We will be prepared for and supported through the rewards and challenges of caring for aging and disabled loved ones.

Community-based Programs/Supports for Caregivers	Type of Programs/Supports Provided	County Region (Eastern/Western)
Alta California Regional Center	Respite programs	Both
Alzheimer’s Association	Online education and support groups	State program
Alzheimer’s Outreach Program, Sierra Nevada Memorial Hospital Foundation	Dementia Education, Caregiver support groups, Respite funds, Case Management	Western
Connecting Point/ 211	Information and Referral/ Community health education/ IHSS registry	Both
DelOro Caregiver Resource Center	<p>Toll-Free-800-635-0220, Business Line-916-728-9333, 8421 Auburn Blvd., Suite 265, Citrus Heights</p> <p>Del Oro Caregiver Resource Center supports family caregivers of adults with chronic and disabling conditions or diseases.</p> <p>Founded in 1987, Del Oro Caregiver Resource Center is part of a statewide system of resource centers serving family caregivers. Del Oro covers California’s Gold Country Counties — Alpine, Amador, Calaveras, Colusa, El Dorado, Nevada, Placer, Sacramento, San Joaquin, Sierra, Sutter, Yolo, and Yuba — and is an independent, private, non-profit program funded by the</p>	Statewide

Community-based Programs/Supports for Caregivers	Type of Programs/Supports Provided	County Region (Eastern/Western)
	<p>Department of Health Care Services, Agency on Aging, Area 4, grants and private contributions.</p> <p>Del Oro is dedicated to serving families caring for an adult with a cognitive impairing condition that occurred after the age of 18 (e.g., Dementia, Alzheimer's disease, stroke, traumatic brain injury, Parkinson's disease, and frail older adults) in various counties.</p>	
Elder Care Providers' Coalition	Provider Network, Resource List, education events	Both
Helping Hands Adult Day Program	Adult Day Program open 3 days/ week for caregiver respite/ socialization and activities for participants	Western
One Source Empowering Caregivers	Volunteer Respite program	
Senior Providers Breakfast Club	Service Provider Network and marketing group	Both

Goal 5: Affordable Aging

We will have economic security as long as we live.

Community-based Programs providing Economic Supports	Type of Programs/Supports Provided	County Region (Eastern/Western)
The Food Bank of Nevada County	Drive-through food distributions, home delivery for older adults, people with disabilities and those who have been impacted medically.	Both
FREED - SOAR, HDAP, DOR Transition Grant	SSI/SSDI Application Assistance Housing and Disability Advocacy Program (HDAP): Direct housing financial assistance for qualifying individuals applying for social security assistance. Department of Rehabilitation (DOR) Transition Grant: Provides up to \$4,500 in one-time funds for individuals with disabilities transitioning out of institutions, youth with disabilities transitioning to adulthood, and for needs related to avoiding institutionalization (diversion)	Both
Hospitality House	Homeless Shelter, food, essential supplies, rapid rehousing, pet program	Western
Sierra Roots	Weekly lunches, cold weather shelters	Western
Salvation Army	Booth Family Center: Provides temporary shelter to homeless families.	
County Social Services	The General Assistance or General Relief (GA/GR) Program is designed to provide relief and support to indigent adults who are not supported by their own means, other public funds, or assistance programs. CalFresh is for people with low-income	Both

Community-based Programs providing Economic Supports	Type of Programs/Supports Provided	County Region (Eastern/Western)
	who meet federal income eligibility rules and want to add to their budget to put healthy and nutritious food on the table.	
Gold Country Seniors Services	Meals on Wheels, Prepared Meal Distribution & Senior Firewood Program	
Interfaith food ministries	Food Distribution	Western
Nevada County Connects- Transportation	Discounted bus fares are available for qualified seniors, people with disabilities, and youth passengers - children 5 years and younger ride	Western
LIHEAP	Low Income Home Energy Assistance Program Home Energy Assistance Program: Provides financial assistance in the form of an annual (once every 12 months) utility payment for gas, electric, propane or firewood to help with the high costs of heating and/or cooling.	Both
Home Safe Program	The Home Safe Program was established to support the safety and housing stability of individuals involved in Adult Protective Services (APS) by providing housing-related assistance using evidence-based practices for homeless assistance and prevention.	
Regional Housing Authority	Housing Choice Vouchers, Project Based Vouchers	
Advocates for Mentally ill Housing (AMiH)	Permanent and Supported Housing Projects, Rapid Rehousing	

Community-based Programs providing Economic Supports	Type of Programs/Supports Provided	County Region (Eastern/Western)
Veteran's Services	Assists veterans, survivors, and dependents in obtaining Federal, State, and local benefits accrued through active duty military service. Provides information and referral for both service members and their families about military specific resources.	Both